



METRO PERSONAL  
CONSULTANTS  
BETTER THAN ONLINE DATING

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Newsletter

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## Happy the year of Dog!!

According to Chinese zodiac related calendar, from 16th February, it starts of the year of Dog.

The **Year of the Dog** is associated with the Earthly Branch symbol. The character refers to the actual animal while refers to the zodiac animal.

Dogs are loyal and honest, amiable and kind, cautious and prudent. Due to having a strong sense of loyalty and sincerity, Dogs will do everything for the person who they think is most important.

As Dogs are not good at communication, it is difficult for them to convey their thoughts to others. Therefore, Dogs tend to leave others with **the impression that they have a stubborn personality**.

**Born with a good nature**, Dogs do not tend to be criminals or seek dishonest gains. They just need a quiet life and a good family and, therefore, forget the ugliness and evil on Earth.

There are many more characters that dogs possess. Many of them are the quality for a ideal partner for life. May we open our eyes to seek those good quality from dogs when searching for the partners, instead of focusing on the things which through time will disappear.

Wish everyone happy at the Years of Dog!!!

**From Metro Personal Consultants**

### Contact us

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## TRUST & LOYALTY

We have just stepped in to the Chinese Year of the Dog. One of the strong characteristics of dogs is their trustworthiness and loyalty.

Talking about trust, people will naturally think about loyalty. Trust and loyalty are like twin sisters. They constantly mirror each other and are never able to be separated from each other.

We often see many marriages and friendships destroyed because some people do not know how to be loyal. Because of their behavior, people associated with them have suffered great pain. It is understandable that people who have been betrayed would take a long time, or never, to build the trust ever again.

Just imagine, when you suddenly find the people you loved and trusted have done and said something bad behind your back, it is humiliation, hitting directly to your pride. Furthermore, most times you discover those bad words and behavior by accident, when you are not ready to take it. .

There are many ways we can be betrayed by lovers and friends. The extramarital affairs, or triangle relationships are one of them. In many cases these affairs happened within the circle of friends, our own family members. I used to know a man in such a situation. His wife and his brother developed an affair behind him until his wife was pregnant with his brother's child. What he suffered was not just losing a marriage, but also losing a brother with whom he grew up together. 10 years after the leaving of his wife, he still couldn't trust anyone and dared not to involve his emotion with anyone. Who can he trust in this world, when own brother betrayed him like this?

Not just having an affair, but criticizing, gossiping, with their own friends and partners behind the other's back, are another way to betray the friendship. We all know friendship means support and protection. Communicating the disagreement with the partners and friends are constructive. But talking behind is destructive. We sometimes hear negative comments from people about their partners. We often hear stories that people ran away when their partners, or friends were suffering health, career, or financial challenges. Because of trust, we will tell friends, or partners, our problems, our deep thoughts. But soon we may find these conversations have been spread out as gossip. Any of these behaviors is an act of betrayal. It is abusive and humiliating. Anyone who has experienced that behavior will have a problem to trust again.

Therefore there will be no trust if there is no loyalty. Loyalty to friends, lovers, one's own promises and commitment is one of the basic characteristics of any human being.

With this good character, people will never betray others. They will be the people of their word, by doing so, they win trust and respect from others. In our social life, or relationships, may we all display this good character as a human being: being loyal.

**By Eva Chen**

# Things Chinese do and eat for Chinese New Year

## Red Envelope (红包)



Red envelopes, also called red packets, or **HONGBAO** in Chinese, widely seen during the Chinese New Year (Spring Festival). It is a Chinese New Year gift with money stuffed into red paper to kids. The red packets are usually presented by parents and grandparents to children during Chinese New Year, which is probably one of the most recognized traditions that are observed during the Festival.

## New Year Eve Dinner (年夜饭)

The New Year's Eve dinner is very large and traditionally includes dumplings, chicken, and pork. Fish is also included, but intentionally not finished, and the remaining fish is stored overnight. It represents as "be blessed every year". Similarly, a type of black hair-like algae, pronounced as Fa Chai, which sounds similar to "prosperity".

- Some parts of China will eat sesame ball soup. The round shape of the ball represents the unity of the family.
- New Year Eve dinner is regarded the most important dinner for the year. All family members must be at the dinner. It usually last very long, some till midnight. It is the symbol of family reunion.



## Lion Dance 舞龙

Lion dance is a form of traditional dance in Chinese culture and other Asian countries in which performers mimic a lion's movements in a lion costume to bring good luck and fortune.

During the Chinese New Year, lion dance troupes will visit the houses and shops of the Asian community. The "lion" will dance and approach the "green" and "red envelope" like a curious cat, to "eat the green" and "spit" it out but keep the "red envelope" which is the reward for the lion troupe.

# Some MEMBERS



Yoshiko is a 35 years old, Japanese woman, but not an Australian permanent resident.

Before coming to Australia, she used to live in different countries.. She is educated, confident with a stable career.

Yoshiko loves music. Sometimes she plays piano, guitar. She also loves outdoor activities and cooking.

Most people will like her once they meet her, because she is such a pleasant , polite person. She can communicate with people in all levels. If you like to know more about Yoshiko, Please contact us:  
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Jasmin is in her 40's. But she looks like a late 20 years young lady, slim and stylish.

In her life, she has done many things, including being an air-hostess; HR director, company spoke woman, etc. Her travelling experience is similar to her working experience. She has been to many countries and places.

Jasmin is a happy go lucky woman. Physically she is always active. She plays Yoga, tennis. She likes swimming, cooking, etc.

Would you like to know more about her?  
Please contact us: 61730109264

#### Remarks:

To protect privacy of our members, the above photos are not the real people. But information is correct.